The Link Between Oral & Overall Health

Regular dental visits are vital for a healthy smile. But did you know they can also reveal potential health concerns in other parts of your body, too? Here are just a few examples: 120+



signs of nondental disease

can be detected in a routine oral exam.¹



Severe gum disease increases risk of cerebral ischemia stroke by

more **400%**.

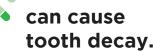


Inhalers can cause thrush.

or oral candidiasis, a potentially painful fungal mouth infection.³



a common side effect of many medicines,





A buildup of dental plaque

can allow bacteria to enter the bloodstream and



increase risk for heart disease.⁴

Gum disease

has been **linked to diabetes** and can make the body more resistant to insulin.



Up to **40**%

of pregnant women experience gum disease.⁵





Cavity-causing bacteria in expectant moms may contribute to **low birth** weight in babies.⁶



Certain osteoporosis treatments can cause **bisphosphonate-related osteonecrosis of the jaw (BONJ)**, a rare but serious side effect. Gum disease and certain dental procedures can increase risk of BONJ.⁷

1.) James W. Little et al., Dental Management of the Medically Compromised Patient (St. Louis: Mosby, 2012) 2.) Armin J. Grau et al., "Periodontal Disease as a Risk Factor for Ischemic Stroke," Stroke 35, no. 2 (2004): 496-501. 3.) American Dental Association, "Medications and Oral Health," web. 4.) TE Van Dyke and AJ van Winkelhoff, "Infection and Inflammatory Mechanisms," Journal of Clinical Periodontology 40, suppl. 14 (2013): 51–57. 5.) American College of Obstetricians and Gynecologists, "Oral Health Care During Pregnancy and Through the Lifespan—Committee Opinion No. 569," Obstetrics & Gynecology 122, no. 2, part 1 (2013): 417–22. 6.) Li, Y et al., "Mode of Delivery and Other Maternal Factors Influence the Acquisition of Streptococcus Mutans in Infants," Journal of Dental Research 84, no. 9 (2005): 806–11. 7.) V Thumbigere-Math, et al., "Periodontal disease as a risk factor for bisphosphoneate-related osteonecrosis of the jaw," Journal of Periodontology 85, no. 2 (2014): 226-33.

