

Finders, KEEPERS

There's more to brushing your teeth than just toothpaste and a toothbrush! Read the statements below for tips on how to brush your teeth. Then, find the words in bold in the word find.



Brush your teeth **TWICE** a day for **TWO MINUTES** each time.

Make sure your toothpaste includes **FLUORIDE** to help fight cavities.

Your **TOOTHBRUSH** should be replaced every three months. A toothbrush with **SOFT** bristles is best. Brush your **TONGUE** to get rid of bacteria and make your breath smell good!

You only need to use a dab of toothpaste the size of a **PEA**.

Always brush your **TEETH** after eating sticky foods like raisins or taffy.

| | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| X | A | F | U | E | H | E | I | R | Y | O | S | I | W | V |
| Y | G | K | P | V | Q | U | W | D | M | S | C | I | S | J |
| F | B | T | T | Q | F | G | A | T | P | I | A | B | Y | S |
| L | V | V | C | O | I | N | O | E | X | U | O | V | Q | S |
| U | C | Q | K | A | O | O | V | F | C | G | P | B | S | O |
| O | O | O | A | E | P | T | D | Y | P | I | V | C | P | F |
| R | I | Z | F | F | Z | I | H | V | F | C | W | M | Y | T |
| I | G | M | B | N | G | V | Q | B | O | V | Z | T | Q | F |
| D | C | P | S | I | C | W | L | K | R | V | F | C | J | R |
| E | V | G | S | X | Q | U | I | K | A | U | T | F | T | A |
| Q | J | T | W | O | M | I | N | U | T | E | S | I | E | G |
| X | H | I | D | U | X | K | O | P | E | X | Z | H | C | D |
| R | L | R | P | M | G | T | O | T | K | B | N | Y | H | K |
| Y | Y | Z | X | D | X | L | H | W | L | T | X | R | M | Q |
| K | M | K | B | C | F | H | D | R | K | H | E | O | G | I |