

A mouthy MIX-UP

There are a lot of different ways to keep your mouth healthy. Unscramble these words to reveal things that can help keep your smile sparkling.



1. OUTBTSORHH

Hint: Replace this every three months.

2. HSTTTAEOOP

Hint: A pea-size amount of this is all you need.

3. OLSFS

Hint: Use 18 inches of this once a day.

4. HYHTAEL DOOF

Hint: This includes fruits, veggies and milk.

5. DSNTTIE

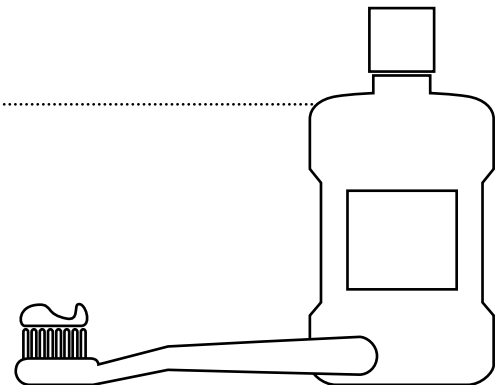
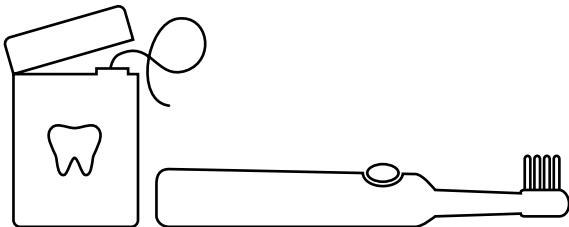
Hint: Visit this person every six months.

6. REFODLIU

Hint: This helps fight cavities, so make sure it's in your toothpaste and mouth rinse or ask your dentist for more information.

7. HMOWHTUSA

Hint: Swishing this helps fight bad breath.



Answers: 1. Toothbrush, 2. Toothpaste, 3. Floss, 4. Healthy Food, 5. Dentist, 6. Fluoride, 7. Mouthwash

FOR MORE FUN, ask a parent for help getting online to download other games! Visit nc.deltadental.com/toothfairy to get started.

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