

# Your Teeth Will Never Retire

New in 2023! Enroll in a **First Medicare Direct Medicare Advantage Plan** that *now* includes a **\$3,000** dental allowance in your Medicare Advantage medical plan. The dental allowance includes coverage for:

- Preventive services (exams and cleanings)
- Diagnostic services (radiographs and X-rays)
- Comprehensive services (fillings, crowns, bridges)

## With dental coverage through your Medicare Advantage plan, you can:

- Avoid future dental problems, thanks to preventive care and early treatment
- Have access to your dentist of choice
- Choose a Medicare Advantage network provider that offers the most significant discounts, no balance billing and files claims on your behalf
- Enjoy improved overall health because

1



120+ signs of nondental disease can be detected in a routine oral exam<sup>1</sup>

2



A buildup of dental plaque can increase the risk for heart disease<sup>2</sup>

3



Gum disease has been linked to diabetes risk by making the body more resistant to insulin<sup>3</sup>

Learn more and enroll in a First Medicare Direct Medicare Advantage plan today by visiting [www.firstmedicare.com](http://www.firstmedicare.com) or call (877) 210-9167.

<sup>1</sup> James W. Little et al., Dental Management of the Medically Compromised Patient (St. Louis: Mosby, 2012)

<sup>2</sup> TE Van Dyke and AJ van Winkelhoff, "Infection and Inflammatory Mechanisms," Journal of Clinical Periodontology 40, suppl. 14 (2013): S1-S7.

<sup>3</sup> Centers for Disease Control and Prevention. (2021, May 7). Diabetes and Oral Health. Centers for Disease Control and Prevention. Retrieved June 8, 2022, from <https://www.cdc.gov/diabetes/managing/diabetes-oral-health.html>

FirstCarolinaCare Insurance Company is a health plan with a Medicare contract. Enrollment in FirstCarolinaCare depends on contract renewal.

See your member certificate for details on covered dental services and plan limitations.