

# Save Your Retirement Dollars

**New options in 2023!** Enroll in a **Medicare Advantage Plan** that now offers a dental allowance that is included in your Medicare Advantage medical plan. These dental allowances often include coverage for

- Preventive services (exams and cleanings)
- Diagnostic services (radiographs - X-rays)
- Comprehensive services (fillings, crowns, bridges)

**With dental coverage through your Medicare Advantage plan, you are more likely to:**

- Avoid future dental problems, thanks to preventive care and early treatment
- Have access to your dentist of choice with the largest network of Medicare Advantage dentists
- Enjoy improved overall health because...

1



120+ signs of nondental disease can be detected in a routine oral exam<sup>1</sup>

2



A buildup of dental plaque can increase the risk for heart disease<sup>2</sup>

3



Gum disease has been linked to diabetes risk by making the body more resistant to insulin<sup>3</sup>

Learn more about our Medicare Advantage partners by visiting [www.deltadentalinc.com/medicareadvantage](http://www.deltadentalinc.com/medicareadvantage).

<sup>1</sup> James W. Little et al., *Dental Management of the Medically Compromised Patient* (St. Louis: Mosby, 2012)

<sup>2</sup> TE Van Dyke and AJ van Winkelhoff, "Infection and Inflammatory Mechanisms," *Journal of Clinical Periodontology* 40, suppl. 14 (2013): S1-S7.

<sup>3</sup> Centers for Disease Control and Prevention. (2021, May 7). *Diabetes and Oral Health*. Centers for Disease Control and Prevention. Retrieved June 8, 2022, from <https://www.cdc.gov/diabetes/managing/diabetes-oral-health.html>